

March 26, 2020

Today our afternoon adventure took us into the backyard. I asked the boys to pull together things they thought could be used for an obstacle course (this is something we have done before, so they had an idea of what to look for). Once we collected items, they decided how they should be used, and set them up around the yard. Ezekiel and Isaiah both took practice runs and then I pulled the timer out! This was not a brother against brother competition, but a competition to do your personal best. How do you think you would do? If you build your own obstacle course, I would love to see it!

Here are some photos:



Left: "Found" Obstacle Course Supplies



The Course (clockwise):

1. Ride on your knees in the dump truck over to the basketball.
2. Dribble the basketball 10 times.
3. Bunny hop over the bamboo sticks.
4. Weave around buckets and turn left.
5. Stack the beanbags (they can't fall over!).
6. Run to the football and throw it up and catch it three times. If you drop it, start again!
7. Kick the soccer ball to the wall and run to the patio.

